

Guide To Recruitment Part 2

Thank you so much for subscribing to She Laughs by Adelia Lauren! Enjoy this special guide to surviving sorority recruitment including conversation starters, advice regarding rejection, and much more!

CONVERSATION STARTERS *for PNMs and Sorority Members*

Possibly the worst part about recruitment (aside from the unbearably cold weather, the swift exchange of germs, and the collective lack of sleep all working together to make everyone sick) is the frequent bad conversation.

For those going through recruitment for the first time, you will often be asked to answer simple questions like, "Where are you from? What's your major? Where do you live on campus?" The annoying part to this is that first, you will have to answer them for every sorority on campus, and second, you may have to answer them more than once for the same person. For those on the other side, it can be most difficult when whomever you are talking to is either too nervous or too disinterested to answer with more than one word. Either way, this part of the process is the most exhausting when conversation remains superficial. More importantly, this does not have to be the case. To make conversations more meaningful, here are some ideas for conversation starters!

What is your typical day like?

What 3 adjectives would your friends use to describe you?

What is the first thing you would do if you joined our sorority?

What qualities are you looking for in potential sorority sisters?

What is your favorite part of recruitment so far?

How did you choose this university?

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Have you been a member of a club, group or team before?

What is your greatest achievement?

What are your lifelong dreams?

Why did you choose your major?

If you could be anywhere in the world right now, where would you be?

What's the last book you read?

What is the one thing you can't live without?

What was the last text you sent?

If a genie granted you 3 wishes, what would you wish for?

What is your impression of greek life overall?

Is there any celebrity, from history or modern time, with whom you would like to have dinner? Who?

If you could be famous, what would you want to be famous for?

What show are you binge-watching right now?

What is your favorite thing to do for self care?

What songs would you include in your ultimate playlist?

Who has had the greatest impact on your life?

DEALING WITH REJECTION

AND MAKING DIFFICULT DECISIONS for PNMs

This subject is very close to my heart, as I had a particularly difficult time going through recruitment. Rejection in general is hard, but I hope I can encourage y'all to see that it is ok. Rejection in recruitment is rarely personal, and if it happens, then whatever outcome you hoped for just is not meant to be. There are plenty of sororities and other forms of sisterhood around campus, so it really is not the end

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of the world. The point of all of this is to find lifelong friends who are there for you, and if the people you want do not feel the same way, that should in no way affect your sense of self worth, and you treat these interactions like water off a duck's back. I repeat: your worth has nothing to do with the decisions these women make regarding you, and when rejection happens, it is important to move on and find people who encourage you.

When it comes to choosing a sorority, especially at the end of recruitment, my advice is to go with whatever chapter made you feel most comfortable, the most at home. To ease this process, try taking plenty of notes throughout the process, and remind yourself why you like or dislike the various chapters! This is definitely a "trust your gut" moment, so go with what feels right!

EXTRA ADVICE *for PNMs and Sorority Members*

Recruitment is essentially weeks of "girl dating," but it does not stop there! Once you find your forever home, it is just as important to bond with your new sisters! Sure, you may be extra exhausted, but this is the fun part! Seek out the women who made you love your chapter, and engage with those in your pledge class!

On a more serious note, and this applies to all areas of the process, know when you are wasting your time. This may sound harsh, but if the people you meet do not encourage and inspire you, it is ok to move on and find joy elsewhere.

i hope this guide helped and encouraged you to thoughtfully pursue and prepare for sorority recruitment! Be sure to visit SheLaughsBlog.com to explore more life and style inspiration!